

Please be aware that we do use all 14 allergens in our kitchens.
Although we take every precaution to avoid cross contamination, traces may be present.

Allergen Information: Breakfast | Updated 12/08/2025

	 Celery	 Crustaceans	 Dairy	 Eggs	 Fish	 Sulphites	 Soya	 Molluscs	 Sesame	 Peanuts	 Nuts	 Mustard	 Lupin	 Cereals Containing Gluten	 Type of Gluten	 Type of Nut	 Suitable for Vegans	 Suitable for Vegetarians	 Gluten Free Ingredients
American Pancakes	M/C		✓	✓									✓	W			BANANA OR BERRIES		
Yoghurt Granola & Berries	M/C		✓					M/C		✓			✓	O		All		✓	
Bubble N Squeak	M/C			✓														✓	✓
Eggs Benedict	M/C		✓	✓		POACHED	M/C	M/C		M/C			✓	W R		All			
Eggs & Avocado	M/C		✓	✓		POACHED	M/C	M/C		M/C			✓	W R		All		✓	
Chalkstream Eggs	M/C		M/C	✓	✓	POACHED	✓	M/C		M/C	✓		✓	W R		All			
Hoburne Classic Breakfast	M/C		✓	✓		✓	M/C	M/C		M/C			✓	W R		All			
The Big Breakfast	M/C		✓	✓		✓	M/C	M/C		M/C			✓	W R		All			
Vegetarian Breakfast	M/C		✓	✓		POACHED	M/C	M/C		M/C			✓	W R		All		✓	
Vegan Breakfast	M/C		M/C	M/C			✓	M/C		M/C	M/C		✓	W R		All	✓	✓	
Sammy Breakfast			✓	✓		✓	M/C	M/C		M/C			✓	W R		All			
Smuggles Coco Pops & Milk			✓										✓	BA				✓	
Tommy's Egg & Soldiers			✓	✓		POACHED	M/C	M/C		M/C			✓	W R		All		✓	
Coral's Fruit Yoghurt	M/C		✓					M/C		✓			✓	O		All		✓	
Eggs On Toast			✓	✓		POACHED	M/C	M/C		M/C			✓	W R		All		✓	
Bacon Roll			✓	M/C			M/C						✓	W BA					
Sausage Roll			✓	M/C		✓	M/C						✓	W BA					
Egg Roll			✓	✓			M/C						✓	W BA				✓	
Toast & Butter			✓	M/C			M/C	M/C		M/C			✓	W R		All		✓	
Toast, Butter & Tiptree Jam			✓	M/C			M/C	M/C		M/C			✓	W R		All		✓	
Toast, Butter & Tiptree Marmalade			✓	M/C			M/C	M/C		M/C			✓	W R		All		✓	
Toast, Butter & Marmite	✓		✓	M/C			M/C	M/C		M/C			✓	W R		All		✓	
Toast, Butter & Nutella			✓	M/C			M/C	M/C		✓			✓	W R	Hazelnut			✓	

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A tick means the allergen is present in the item. M/C means that the item (as specified by the manufacturer) may contain traces of the allergen.

W Wheat O Oats BA Barley R Rye

Allergen Information: Sammy Squad | Updated 12/08/2025



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Allergen Information: Rolls & Wraps | Updated 12/08/2025

																			
Sandwiches																			
Flaked Tuna Mayo Melt	M/C		✓	M/C	✓		M/C				✓		✓	W BA					
Bourbon BBQ Chick Melt	M/C		✓	M/C		✓					✓		✓	W BA					
Fish Finger Sandwich	M/C		✓	✓	✓		M/C				✓		✓	W BA					
Crispy Tofu Banh Mi	M/C		M/C	M/C		✓		✓	M/C	M/C	✓		✓	W BA	All	✓	✓		
The BLT	M/C		✓	M/C			M/C				✓		✓	W BA					
Tortilla Wrap - Chicken Goujon	M/C							✓			✓		✓	W BA					
Tortilla Wrap - Falafel	M/C							✓			✓		✓	W BA			✓	✓	
Soft Deli Roll / Pain Rustic Roll			M/C	M/C			M/C						✓	W BA			✓	✓	
Tortilla Wrap													✓	W			✓	✓	
Gluten Free Roll																	✓	✓	✓
Sourdough Bread			M/C	M/C			M/C			M/C			✓	W R	All	✓	✓	✓	
Gluten Free Sliced Bread				✓														✓	✓
Soup Options																			
Parsnip Apple & Thyme	✓																✓	✓	✓
Thai Sweet Pot & Coconut	✓					✓			M/C	M/C						All	✓	✓	✓
Moroccan Harira Soup	✓										M/C		M/C	All			✓	✓	✓
Carrot & Coriander	✓																✓	✓	✓
Sweet Potato & Butternut	✓																✓	✓	✓
Creamy Mushroom & Thyme	✓		✓														✓	✓	✓
French Onion	✓		✓		✓								✓	W BA				✓	
Leek & Potato	✓		✓															✓	✓
Leek Pea & Watercress Soup	✓		✓	M/C			M/C				M/C		✓	W BA				✓	

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Allergen Information: Main Menu | Updated 12/08/2025

																			
Starters																			
Bread, Houmous & Olives			M/C	M/C		✓	M/C	✓		M/C			✓		All	All	✓	✓	
Roasted Pepper & Tomato Soup	✓		✓	M/C		✓	M/C						✓		W BA			✓	
Crispy Cauliflower Bites	M/C							✓	M/C	M/C						All		✓	
Welsh Rarebit	M/C		✓	M/C			M/C	M/C	M/C		✓		✓		All			✓	
Smoked Trout Pate	M/C		✓	M/C	✓	✓	M/C	M/C		M/C	✓		✓		W R	All			
Thai Style Chicken Wings	M/C						✓	✓	M/C	M/C			✓		W	All			
Korean BBQ Wings	M/C						✓	✓	M/C	M/C	M/C		M/C		All	All			✓
Buffalo Wings	M/C		✓	✓							✓								✓
Chicken Wing Platter	M/C		✓	✓			✓	✓	M/C	M/C	✓		✓		W	All			
Nachos to Share			✓			✓												✓	✓
Add Brisket Chilli	M/C										M/C		M/C		All				✓
Jacket Potatoes																			
Jacket Potato with Butter	M/C		✓								✓							✓	✓
Jacket Potato with Cheese & Beans	M/C		✓								✓							✓	✓
Jacket Potato with Tuna Melt	M/C		✓		✓						✓								✓
Jacket Potato with Brisket Chilli	M/C		✓								✓		M/C		W				✓
Salads																			
Californian Cobb Salad	M/C		✓	✓							✓								✓
Poke Bowl	M/C					✓	✓	✓	M/C	M/C	✓		✓		W	All	✓	✓	
Add Smoked Salmon					✓														✓
Add Sticky Chicken			✓				✓	✓	M/C	M/C	M/C		✓		W	All			
Add Firecracker Cauliflower								M/C	M/C	M/C						All	✓	✓	✓
Garlic Crostini - Croutons			M/C	M/C			M/C						✓		W R		✓	✓	

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	Celery	Crustaceans	Dairy	Eggs	Fish	Sulphites	Soya	Molluscs	Sesame	Peanuts	Nuts	Mustard	Lupin	Cereals Containing Gluten	Type of Gluten	Type of Nut	Suitable for Vegans	Suitable for Vegetarians	Gluten Free Ingredients
Sunday Roasts																			
Topside of Beef	M/C		✓	✓	✓	M/C							✓		W				
Pork Shoulder & Crackling	M/C		✓	✓	✓	M/C							✓		W				
Half Roast Chicken	M/C		✓	✓	✓	M/C							✓		W				
Roast Leg of Lamb	M/C		✓	✓	✓	M/C							✓		W				
Turkey Breast & Pig in Blanket	M/C		✓	✓	✓	M/C							✓		W				
Wild Mushroom Strudel	✓		Yorkie	Yorkie	✓	M/C							✓		W			✓	
Meat Roasts can be modified to contain Gluten Free Ingredients by removing the Yorkshire pudding & pig in Blanket. The Strudel can be modified to Vegan by removing the Yorkshire pudding.																			
Fries & Sides																			
Skin On Fries																	✓	✓	✓
Beer Battered Onion Rings													✓		W BA		✓	✓	
Cheesy Garlic Flatbread	M/C		✓										✓		W			✓	
Margherita Flatbread	M/C		✓										✓		W			✓	
Mini Salad Bowl - (No Couscous)											✓						✓	✓	✓
Creamy Mash	M/C		✓															✓	✓
Seasonal Vegetables																	✓	✓	✓
Loaded Chilli Cheese Fries	M/C		✓								✓		M/C		W				✓
Loaded Thai Fries	M/C		✓					✓	M/C	M/C								✓	✓
Loaded American Fries	M/C		✓								✓								✓

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Allergen Information: Desserts | Updated 12/08/2025

[illegible]

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Allergen Information: Cakes & Bakes | Updated 12/08/2025

																			
Traybakes																			
GF Chocolate Brownie			✓	✓		✓				M/C						All		✓	✓
GF Lemon Drizzle Frangipane			✓	✓						✓	M/C					Almonds		✓	✓
GF/Vegan Raspberry And Almond Flapjack									M/C	✓						Almonds	✓	✓	✓
GF Billionaire Brownie			✓	✓		✓			M/C	M/C						All		✓	✓
GF Blueberry Blondie			✓	✓		✓			M/C	✓								✓	✓
Honeycomb Toffee Tiffin			✓			✓			M/C	M/C			✓	W		All		✓	
Rocky Road			✓			✓			M/C	✓			✓	W		Walnut		✓	
Biscoff Flapjack			✓			✓			M/C	M/C			✓	W		All		✓	
Vegan Biscoff Millionaire						✓			M/C	M/C			✓	W		All	✓	✓	
Millionaire Shortbread			✓			✓			M/C	M/C			✓	W		All		✓	
Cherry Coconut Macaroon			✓	✓					M/C	✓			✓		All			✓	
Smores Cookie Dough			✓	✓		✓			M/C	M/C			✓		All	All		✓	
Muffins & Cookies																			
Muffin Tulip Triple Chocolate			✓	✓		✓		M/C					✓	W				✓	
Muffin Tulip Blueberry			✓	✓		M/C		M/C					✓	W				✓	
Muffin Vegan Lemon Poppyseed			M/C	M/C		M/C							✓	W			✓	✓	
Muffin Vegan Mixed Berry			M/C	M/C		M/C							✓	W			✓	✓	
Cookie Vegan Chocolate			M/C	M/C		✓							✓	W			✓	✓	

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Cakes																			
Vegan Chocolate Cake			M/C	M/C		✓			M/C	M/C			✓		W		✓	✓	
GF Carrot Cake			✓	✓						✓						All		✓	✓
GF Cappuccino Cake			✓	✓		✓				M/C								✓	✓
GF Victoria Sponge Cake			✓	✓						M/C						All		✓	✓
GF Ginger Cake			✓	✓						M/C						All		✓	✓
Courgette & Lime Cake			✓	✓						✓			✓		W	All		✓	
Luxury Cranberry Teacake			M/C	✓		M/C							✓		W			✓	
Scioche Scone			✓	✓		M/C							✓		W			✓	
<i>With Jam</i>																		✓	
<i>With Clotted Cream</i>			✓															✓	
Cheese Scone, Butter & Chutney			✓	✓	✓					M/C			✓		All	All		✓	
Doughnuts																			
Lemon Puddle Doughnut			✓	✓	✓	✓							✓		W			✓	
Caramel Puddle Doughnut			✓	✓	✓	✓							✓		W			✓	
Specaloos Puddle Doughnut			✓	✓		✓							✓		W			✓	
Traycakes																			
Banana & Caramel Traycake			✓	✓	M/C	M/C		M/C	M/C	✓			✓		BA	Pecan		✓	
Carrot & Orange Traycake			M/C	M/C	M/C	✓		M/C	M/C	✓			✓		W	Pistachio Walnut	✓	✓	
Sticky Rum & Raisin Traycake			M/C	M/C	M/C	✓		M/C	M/C	M/C			✓		W	All	✓	✓	
Victoria Sponge Traycake			✓	✓	M/C	M/C		M/C	M/C	M/C			✓		W	All		✓	

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Allergen Information: Hot Drinks | Updated 12/08/2025

	 Celery	 Crustaceans	 Dairy	 Eggs	 Fish	 Sulphites	 Soya	 Molluscs	 Sesame	 Peanuts	 Nuts	 Mustard	 Lupin	 Cereals Containing Gluten	 Type of Gluten	 Type of Nut	 Suitable for Vegans	 Suitable for Vegetarians	 Gluten Free Ingredients
Americano																	✓	✓	✓
White Americano			✓															✓	✓
Cappuccino			✓															✓	✓
Latte			✓															✓	✓
Mocha			✓															✓	✓
Espresso																	✓	✓	✓
Flat White			✓															✓	✓
Hot Chocolate			✓															✓	✓
Luxury Hot Chocolate			✓															✓	✓
Tea With Milk			✓															✓	✓
Flavour Tea																	✓	✓	✓
Babyccino			✓															✓	✓
Oat Milk													✓				✓	✓	✓
Soy Milk						✓											✓	✓	✓
Almond Milk										✓						Almonds	✓	✓	✓
Syrup Amaretto																	✓	✓	✓
Syrup Caramel																	✓	✓	✓
Syrup Hazelnut										✓						Hazelnut	✓	✓	✓
Syrup Salted Caramel																	✓	✓	✓
Syrup Vanilla																	✓	✓	✓

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