# beauty 60 HOBURNE BASHLEY

# **ELEMIS** SPA

Our beautyh ELEMIS treatment rooms at Hoburne Bashley take indulgence to a whole new level. So why not take some time out to treat yourself to a relaxing manicure, pedicure, massage or rejuvenating skin treatment.

Our expert staff are waiting to make it a luxurious, truly personalised experience that'll leave you feeling radiant, refreshed and ready for anything.

> We're looking forward to seeing you soon.

> > **©01425 282551**

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## ELEMIS EXPERT™ MASSAGE

Cleansing mineral salts, oil blends rich in actives and transportive aromatics are combined with an unparalleled level of expertise in massage and conditioning for healthy, revitalised skin and deeply eased muscles.

## ELEMIS EXPERT™ DEEP TISSUE TENSION-EASE MASSAGE

Back, neck and shoulder | 25mins £55.00

Full body | 50mins £77.00

Full body, face and scalp | 80mins £99.00

Perfect for combating a busy lifestyle, this full body massage offers more than just muscle relaxation: it is tailored to ease tension and target deep-seated muscle knots, leaving you feeling renewed, grounded and focused.

# ELEMIS EXPERT™ TRANSFORMATIVE HOT STONE MASSAGE

Back, neck and shoulder | 25mins £55.00

Full body | 50mins £77.00

This deeply transformative treatment incorporates heated volcanic stones that are worked into the body, persuading the muscles to relax with warm Frangipani Monoi Body Oil to soothe a tired mind and relieve aching muscles.

## ELEMIS EXPERT™ INDIAN HEAD MASSAGE

25mins £44.00 | 40mins £55.00

It is a deep massage, using a variety of pressure and techniques, including circular massage strokes on your scalp, deep tissue works on your shoulders, and stretching the neck. Indian head massage has become a popular addition to spa treatments or rituals, such as massage and facials.

## ELEMIS EXPERT™ SWEDISH MASSAGE

Back, neck and shoulder | 25mins £49.00

Full body | 50mins £71.00

Full body, face and scalp | 80mins £93.00

This involves soft, long, kneading strokes, as well as light, rhythmic, tapping strokes, on the topmost layers of muscles. This is also combined with movement of the joints. By relieving muscle tension, Swedish therapy can be both relaxing and energizing.

## ELEMIS EXPERT™ PEACEFUL PREGNANCY MASSAGE

25mins £49.00 | 50mins £71.00

This tranquil and restorative mother-to-be massage deeply hydrates skin that is expanding to accommodate your growing baby. Aromatics formulated to be used safely during pregnancy are selected for optimum well-being, leaving you feeling nurtured, restored and calm.

## LYMPHATIC DRAINAGE MASSAGE

Full body | 50mins £71.00

Is a gentle form of massage which encourages the movement of lymph fluid around the body. The fluid in the lymphatic system removes waste and toxins from bodily tissue.

#### **FOOT REVIVAL**

25mins £44.00

Take a load off with this foot-focused tension releaser. An exfoliating, heat-powered softening and massage treatment for supple lower legs and fragrant feet. ELEMIS Frangipani softens and smooths to leave feet as supple and fragrant as a rose.

## HOLISTIC HANDS

25mins £44.00

A lavishly hydrating hand massage and salt scrub, using a trio of richly fragrant, moisturising oils. Targets age-spots and dryness, with extra TLC from our luxurious ELEMIS Frangipani treatment, which softens and moisturises, leaving hands feeling silky smooth.

### LIFE SAVING BACK

40mins £60.00

- Deep cleansing ritual and ex-foliation
- A deep tissue back neck and shoulder massage
- A warming mask is applied to the back while you relax with a leg foot and ankle massage
- Moisturise

## FLEMIS EXPERT™ SALT SCRUB AND MASSAGE

80mins £99.00

A full body ex-foliation followed by a Swedish full body massage

# ELEMIS EXPERT™ INTENSELY CLEANSING SALT SCRUB

25mins £55.00

## ADD TO ANY OF THE ABOVE MASSAGE

Hot Stones £5

Salt Scrub £5

Extra 15 minutes £10

# SPA BOOSTERS ADD 25 MINUTES PER TREATMENT ONLY £20 EACH

- Back Massage
- Hand Massage
- Foot Massage
- Mini Facial
- Scalp Massage

## ELEMIS EXPERT™ TOUCH FACIALS

Tailored to your individual needs our ground-breaking **ELEMIS** facials deliver exceptional results, using innovative technology and high quality ingredients. Our extensive list of specialised facial treatments target major complexion concerns including wrinkles, pigmentation, sensitivity and blemishes for beautifully, radiant skin

## ELEMIS EXPERT™ TASTER FACIAL

## 25mins £49.00

Short on time? Why not try our taster facial where we will target your skin concerns.

## ELEMIS EXPERT™ TOUCH RENEW FACIAL

## 50mins £77.00

Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm.

## FLEMIS EXPERT™ TOUCH REVEAL FACIAL

50mins £77.00

Course of 6 £385.00

Powered by our patented Tri-Enzyme technology, this facial helps to minimise the look of pores and uneven skin texture revealing skin that looks visibly resurfaced, smoothed and glowing.

## ELEMIS EXPERT™ BESPOKE FACIAL

80mins £99.00

Enjoy a tailored facial customized by your therapist to meet your immediate skincare needs.

#### ELEMIS EXPERT™ TOUCH NOURISH FACIAL

50mins £71.00

Boost skin radiance with our triple-cleanse facial with a blend of super food-infused facial oils to leave your skin feeling nourished, rebalanced and revived.

## ELEMIS EXPERT™ PRO GLOW BOOSTERS

## Pro Glow Hydrate | 15mins £15

Cooling gel sheet mask soaked in potent plankton extract, padina pavonica and chlorella and hylaronic acid.

## Pro Glow Lift Up | 15mins £15

Jowl and chin mask and massage to help redefine dropped contours.

## Pro Glow Eye Bright | 15mins £15

Eye mask and massage to help decrease puffy eyes and dark circles.

## ADD JADE ROLLERS TO YOUR FACIAL FOR JUST £5

Jade rollers are said to do everything from sculpting, toning, and firming skin to boosting circulation, enhancing glow, reducing puffiness, minimizing fine lines, improving elasticity, detoxifying, and helping skincare products penetrate better.

## ELEMIS EXPERT™ FACE AND BODY

The perfect introduction to **ELEMIS**. This is a dynamic approach to top-to-toe couture care. Choose your own combination of facial and body massage, or let your beautyh therapist personally prescribe the perfect treatment to work with your skin, your mood and your needs.

## ELEMIS EXPERT™ ABSOLUTE FACE + BODY RITUAL

## 50mins £88.00 | 100mins £137.00

Immerse yourself in luxury with this tailored treatment. Choose your own combination of facial and body treatments, or let your therapist prescribe the perfect treatment to leave you feeling restored from head to toe.

#### BESPOKE FACE

Expert Touch or Tech Facial (25min)

Expert Touch or Tech Facial (50min)

#### **BESPOKE BODY**

Deep Tissue Tension Ease Back Massage (25min)

Cleansing Salt Scrub (25min)

Cleansing Salt Scrub & Frangipani Body Wrap (50min)

Cleansing Salt Scrub & Tension Ease Back Massage (50min)

Deep Tissue Tension Ease Body Massage (50min)

## ELEMIS EXPERT™ COUTURE TECHNOLOGY

50mins £88.00 | 110mins £137.00

Time to switch your skin on. Combine any 30 or 60 minute **ELEMIS BIOTEC** facial with your personalised Deep Tissue Massage or Hot Stone Massage.

## **BIOTEC FACE TECHNOLOGY**

BIOTEC facial treatments are where ground-breaking technology meets active ingredients and transformative touch. The pioneering innovation of the BIOTEC machine, works to switch the skin back on, increasing its natural cellular energy. Technology turbo-charges touch.

The clinically proven result?

Thriving, visibly healthy and energised skin.

## PRO GLOW SMOOTH +

## 50mins £77.00 | 80mins £99.00

Ultrasonic peeling ex-foliates dead skin cells to smooth and prepare the skin for line-fighting microcurrent technology, targeting lines and wrinkles for more radiant, youthful looking skin. Skin will appear more vibrant, with improved feeling of firmness and elasticity.

## PRO GLOW RESURFACE +

## 50mins £77.00 | 80mins £99.00

Super-charged deep cleansing and powerful ultrasonic peel technology eliminate visible pollutants, dirt and impurities for an immediately clearer, brighter complexion. Gently resurfacing, helping to reduce visible dryness and smooth the appearance of fine lines. Dull, uneven, tired-looking skin will appear instantly renewed and stunningly smooth and clear.

#### PRO GLOW BRILLIANCE +

## 50mins £77.00 | 80mins £99.00

Experience our ultrasonic peel technology and brightening enzymes to deep clean and remove visible pollutants, make-up and city grime for happy, healthy skin. Hydrating technology and antioxidant-rich Super foods will plump and smooth with a super-charged air massage to breathe life into your skin. Immediately revealing a super-healthy complexion, you'll look and feel more radiant, relaxed, and glowing.

## COURSE OF 6 £385.00



## SPA ETIQUETTE

If joining us for a spa day please bring your swimwear and bag, we have towels and robes for you.

Facials and body treatments are done in private treatment rooms and guests are most comfortable in underwear or dry swimwear.

During treatment you will be covered with towels and kept warm and private. Areas of the body receiving treatment will be uncovered and covered back up after.

If using leisure facilities during your visit we recommend this is done prior to your treatment. Many of our treatments benefit from retaining the products on the skin and nail treatments can be affected by using facilities too soon after.

Our online booking system allows for multiple treatments for one person if you wish to book for more than one person you will need to call.

A patch test may be required for some treatments.

No outside food or drink is to be consumed in the spa.

Please arrive 10 minutes prior to your booking time to fill out consultation forms. A late arrival may mean we need to reduce your treatment time.

All treatments are unisex

All facials are safe during pregnancy after the first trimester

We require a 50% deposit to secure your booking

We operate a 48-hour cancellation policy

All treatment times include 10 minutes for your consultation with the therapist, time to undress and aftercare.

## Shellac™ HANDS OR FEET

14+ day nail colour, available in over 180 colours and finishes. Instantly dry, CND™ Shellac™ is applied like a polish, cured under a UV lamp and wears like a gel.

## FINGERS OR TOES

Shellac<sup>™</sup> application 45mins £33.00 Removal and reapply Shellac<sup>™</sup> 60mins £44.00

## VINYLUX™ FILE AND POLISH

25mins £22.00

A quick drying polish that defies time, enduring a week!

## SPA MANICURE

## 45mins £38.00

Escape, exhale and relax with our almond spa manicure, a facial for your hands! Where sweet almond, jojoba oils and vitamin E replenish and restore your hard-working hands. Includes a scrub, soak and massage.

## **DELUXE SPA MANICURE**

## 60mins £44.00

The spa manicure with the added benefits of heated mitts for deeper penetration of oils and creams. Perfect for dry hands, nails and cuticles.

#### SPA PEDICURE

#### 45mins £44.00

Take a barefoot walk in the surf with the marine spa pedicure. Gardenia and citron botanicals and sea salt energise while quartz crystals and menthol cool and relieve fatigue. Designed to refresh and revitalise. Includes a scrub, soak and massage.

#### DELUXE SPA PEDICURE

#### 60mins £55.00

The Spa Pedicure with added benefits of a mask to nourish the skin and thermal heated booties for deeper penetration of oils and creams.

## SHELLAC™ REMOVAL

Shellac™ removal £11.00 Shellac™ removal and tidy £16.00

### ADD PLEXIGEL FOR £5.00

## WAXING

FULL LEG WAX – 40mins	£33.00
HALF LEG WAX – 25mins	£18.00
UNDERARM WAX – 15mins	£16.00
BIKINI LINE WAX – 15mins	£16.00
EXTENDED BIKINI WAX – 25mins	£22.00
LIP OR CHIN WAX – 10mins	£11.00
LIP AND CHIN WAX – 15mins	£17.00
EYEBROWS WAX – 15mins	£11.00
CHEST WAX – 25mins	£27.00
BACK WAX – 25mins	£33.00

## TINT LIFT

A patch test is required 48 hours prior to treatment.

EYELASH TINT – 25mins	£22.00
EYEBROW TINT – 15mins	£16.00
LASH AND BROW TINT – 25mins	£33.00
LASH LIFT (tint included)	£35.00
BROW TINT AND SHAPE	£22.00

## **BODY SCRUBS**

## INTENSELY CLEANSING FULL BODY SALT SCRUB

## 25mins £50.00

A deeply cleansing salt scrub that encourages cell regeneration for the softest, smoothest, most nourished skin.

## YOUNGER CLIENTS

## CHILDRENS FILE AND POLISH

AGE 3 - 9 - 25mins	£11.00
AGE 10 - 16 - 25mins	£16.00



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