

R Rve

Allergen Information: Breakfast | Blue Anchor | Updated 25/09/24

	Celery	Crustaceans	Daliny Egos		ulphites	Molluscos	Sesame	Muts	Mustard	Coreals	Cluten Inten Type of	ua.	J. Nut	egans for	Verule for Setarians Induten Free Indredients
						/ @ / &		/ 🕑 / 🗯) / 📳	/ 🕑					
American Pancakes	M/C										W			BANANA	
Hoburne Classic Breakfast	M/C	\checkmark			\checkmark						W BA				
Vegetarian Breakfast	M/C			POACHED	1						W BA				
Bacon Roll			M/C		M/C						W BA				
Sausage Roll			M/C		M/C						W BA				
Quorn Sausage Roll		M/C	M/C		M/C						W BA		\checkmark		
Egg Roll		\checkmark			M/C						W BA				
Eggs on Toast		\checkmark			\checkmark						W BA				
Baked Beans on Toast					1						W BA				
Toast & Butter					\checkmark						W BA				
Toast, Butter & Tiptree Jam		\checkmark			\checkmark						W BA				
Toast, Butter & Tiptree Marmalade					\checkmark						W BA			\checkmark	
Toast, Butter & Marmite		\checkmark			\checkmark						W BA			\checkmark	
Toast, Butter & Nutella		\checkmark			\checkmark			\checkmark			W BA	Hazelnut			
Farmhouse White					\checkmark						W		\checkmark		
Farmhouse Brown					\checkmark						W BA		\checkmark		
Farmhouse White & Brown May Contain Traces Of Wheat, Oats, Rye & Barley															
English Muffin					 Image: A start of the start of	M/C					W		 Image: A start of the start of	 ✓ 	
Pain Rustic/deli Roll		M/C	M/C		M/C						W BA		\checkmark		
Gluten Free Roll			 Image: A start of the start of											 ✓ 	 Image: A start of the start of

Please note all deep fried food items may contain traces of any of the 14 allergens as we use multi use fryers in our kitchens. Except for Fries which has a dedicated fryer.

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Allergen Information: Sammy Squad | Blue Anchor | Updated 25/09/24

		Crustaceans	Caliny Fe	355	451	Juliohites	ello Molluco	Sesame	Peanuts	Nuts M	J. J.	Cerealc	Containing Cutterning Type of Glur, of	(ien	Suitab.	egans for Suitable	Vegelarians Oluten Free Ingredients
						$\langle \mathbf{N} \rangle$	/ @ /	8)/6)/(b)							
Beef Lasagne	1	 ✓ 	M/C		м/с	M/C		 ✓ 		1		1	W				
Vegetable Lasagne	\checkmark	\checkmark	M/C			M/C		 ✓ 				1	W				
Jacket Potato With Beans/cheese	M/C	\checkmark						 ✓ 								\	 Image: A start of the start of
Breaded Fish Fingers				\								\	W				
Breaded Chicken Goujons	M/C	M/C				M/C		 ✓ 		M/C		1	W				
Grilled Butcher's Sausages					1							1	W				
Vegan Quorn Sausages												1	W		 ✓ 		
Add Baked Beans															 ✓ 		\
Add Garden Peas															\checkmark	\	\checkmark
					l		l										

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Allergen Information: Mains | Blue Anchor | Updated 25/09/24

		Colustaceans	/ /	/ /	lites		12 July 22			or or	line line	of Nut	Vegans for Suitable	Vegetarians Gluten Free
	Celer	Srusta	^{Ualir} y Egne	Fish Juge	Sulphites	Solia Molli	Sesame Peanuts	 Muts Mustard 	Lubin Gerealic	Suntaining Type of Glutte of	IVes 1	Suita	Suita,	Vege Slute More
		๎๎๎ (🖲	$)/ \odot$	/ 👁 /		$\left \right $	/ 🛞 / 🖪 / (
Mains														
Fish N Chips	M/C		\checkmark	\checkmark			 Image: A start of the start of		 ✓ 	W				
Scampi & Chips	M/C			M/C		M/C	 Image: A second s		 ✓ 	W				
Sausage Egg & Chips					 Image: A start of the start of				 ✓ 	W				
Vegan Quorn Sausage & Chips									 ✓ 	W		 Image: A start of the start of		
Gammon Ham Egg & Chips					 Image: A start of the start of									 Image: A second s
Chicken Goujons & Chips	M/C	M/C			M/0	:			 ✓ 	W				
Fish Finger Sandwich & Chips	M/C	1		\checkmark	1		 Image: A start of the start of		\	W BA				
Jacket Potatoes														
With Butter	M/C	1					 Image: A second s						\	\checkmark
With Cheese & Beans	M/C	\					 Image: A second s							\checkmark
With Chilli Con Carne	M/C	1							M/C	W				\checkmark
With Tuna & Cheese	M/C	1	\checkmark	\checkmark			 Image: A second s							\checkmark
With Prawn Marie Rose	M/C		\checkmark				 Image: A start of the start of							\checkmark
With Coronation Chicken	M/C	 ✓ 							M/C	W				\checkmark
Blackboard Specials														
Beef Lasagne	 ✓ 	1	M/C		M/0	;	 Image: A second s		 ✓ 	W				
Vegetable Lasagne	 ✓ 	1	M/C		M/C	;	 Image: A set of the set of the	 Image: A start of the start of	 ✓ 	W			\	
Penang Vegetable Curry					 Image: A start of the start of				 ✓ 	W		 ✓ 	 ✓ 	
Beef Madras Curry	 ✓ 								 ✓ 	W				
Chilli Con Carne		 ✓ 						M/C	M/C	W	h			\checkmark
The Bay Fish Pie	✓			\										
Classic Nachos														

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		146	Urustaceans	>	2		Sulphites	Molluscs	Sesame De	eanuts M.	5	Ustard	cili ealc	Curtaining Curtening Type of Curtes of	e of Nut	Vegans for Suitabu	regelie for Gutten Free Myteolens
	3 ()							Mollus		Inu _{leo}		nstar	\$ \& \&	3.7 .2.7 D			
Rolls																	
Flaked Tuna Mayo Melt	M/C		\checkmark	\checkmark	\checkmark		M/C						 Image: A start of the start of	W BA			
Coronation Chicken & Baby Gem	M/C		\checkmark	1		\checkmark	M/C						\	W BA			
Prawn Marie Rose W/ Salad	M/C	\	\checkmark	1			M/C						\	W BA			
Egg Mayonaise & Salad	M/C		\	\checkmark			M/C						\checkmark	W BA			
Gammon Ham & Tomato	M/C		\checkmark	M/C			M/C						\checkmark	W BA			
Cheese & Chutney	M/C		\checkmark	M/C		\checkmark	M/C						\checkmark	W BA		 ✓ 	
Brie, Bacon & Cranberry	M/C		\checkmark				M/C						\checkmark	W BA			
Sandwiches																	
Flaked Tuna Mayo Melt	M/C		\checkmark	 ✓ 	\checkmark		\checkmark				\checkmark		 Image: A start of the start of	All			
Coronation Chicken & Baby Gem	M/C		\	 Image: A start of the start of		\					\checkmark		\	All			
Prawn Marie Rose W/ Salad	M/C	\checkmark	\	 Image: A start of the start of							\checkmark		\	All			
Egg Mayonaise & Salad	M/C		\checkmark	1			\checkmark				\checkmark		\	All			
Gammon Ham & Tomato	M/C		\checkmark				\checkmark				\checkmark		\	All			
Cheese & Chutney	M/C		\checkmark			1	\checkmark				\checkmark		\	All			
Brie, Bacon & Cranberry	M/C		\checkmark								\checkmark		\	All			
				I		u		II		1	tli			l	 		

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Allergen Information: Cakes & Bakes | Blue Anchor | Updated 25/09/24

	/	r aceans			lifes		7e	23	³¹ d		ining or	0	, Mut	1s for	^{6904,016} Gluten Free ¹⁷ 0160/6715
	je S	Clustiaceans	Vilion (55, 15, 15, 15, 15, 15, 15, 15,	Sulphiles	Sec.		Muts	Anustard	Cereage	Cluttenning Type of Clutte of	Inder of the orthogonal	Suitable	Suitat	ABA SULLE ABA SULLE ABA SULLE ABA SULLE ABA SULLE ABA SULLE ABA SULLE ABA SULLE ABA SULLE ABA SULLE ABASSING SULLE
Traybakes															
GF Chocolate Brownie		 ✓ 	1					M/C				All		\	
GF Lemon Drizzle Frangipane			1					\checkmark				Almonds		\	Solution
GF Raspberry And Almond Flapjack							M/C	M/C				All	\checkmark	\checkmark	
GF Billionaire Brownie		1	1				M/C	M/C				All		1	<i>✓</i>
Gf Pecan & Walnut Slice		\	\checkmark					\checkmark				All		1	<i>✓</i>
Honeycomb Toffee Tiffin		 ✓ 			\checkmark		M/C	M/C			W	All			
Toffee Crisp		 ✓ 					M/C	M/C			W	All		\checkmark	
Rocky Road		 ✓ 					M/C	M/C			W	All		\checkmark	
Brookie Traybake		 ✓ 	\checkmark		 ✓ 		M/C	M/C			W	All		1	
Biscoff Flapjack		1					M/C	M/C			W	All		\	
Caramel Nut Slice		\	M/C					\checkmark			All	All		\	
Cherry & Almond Slice		 ✓ 	\checkmark					\checkmark			W	All		\checkmark	
Fruit & Nut Slice		 ✓ 						\checkmark			W	All		\	
Millionaire Shortbread		 ✓ 					M/C	M/C			W	All		\checkmark	
			I	II		t		J		ul		1		L	

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Allergen Information: Cakes & Bakes | Blue Anchor | Updated 25/09/24

MuffinsII <th></th> <th>Celeby Crustaceaans</th> <th>Li /</th> <th>8 5</th> <th>ulphites</th> <th>Nolluces Sesame Peanuts Nutre</th> <th>o Stard Din Feals</th> <th>Guillering Tree of Guilen T</th> <th>^{1)De} Of Nut Suitable for Vegans for</th>		Celeby Crustaceaans	Li /	8 5	ulphites	Nolluces Sesame Peanuts Nutre	o Stard Din Feals	Guillering Tree of Guilen T	^{1)De} Of Nut Suitable for Vegans for
MuffinsII <th></th> <th></th> <th></th> <th></th> <th></th> <th></th> <th></th> <th></th> <th>\$ \$\$\$ 1 1 1 1 1 1 1 1</th>									\$ \$\$\$ 1 1 1 1 1 1 1 1
Muffin Tulip Rasp / White ChocII	Muffins								
Muffin Tulip Rasp / White ChocII	Muffin Tulip Triple Chocolate				\	M/C		W	
Muffin Tulip Carrot CakeIII	Muffin Tulip Rasp / White Choc	✓ ✓			 Image: A start of the start of	M/C		W	
Muffin Tulip BlueberryMMM/C <th< td=""><td>Muffin Tulip Toffee Apple</td><td></td><td>\</td><td></td><td>M/C</td><td></td><td></td><td>W</td><td></td></th<>	Muffin Tulip Toffee Apple		\		M/C			W	
Muffin Vegan Lemon PoppyseedM/CM	Muffin Tulip Carrot Cake		1	 ✓ 	M/C			W	
Muffin Vegan Mixed BerryM/CM/CM/CM/CIM/CIIIIIIILuxury Cranberry TeacakeM/CM/CM/CM/CM/CII <td>Muffin Tulip Blueberry</td> <td></td> <td></td> <td></td> <td>M/C</td> <td>M/C</td> <td></td> <td>W</td> <td></td>	Muffin Tulip Blueberry				M/C	M/C		W	
Luxury Cranberry Teacake M/C M/C <td< td=""><td>Muffin Vegan Lemon Poppyseed</td><td>M/C</td><td>M/C</td><td></td><td>M/C</td><td></td><td></td><td>W</td><td></td></td<>	Muffin Vegan Lemon Poppyseed	M/C	M/C		M/C			W	
Cookie Vegan Chocolate M/C M/C Image: Cookie Vegan Chocolate Image: Cookie	Muffin Vegan Mixed Berry	M/C	M/C		M/C			W	
	Luxury Cranberry Teacake	M/C			M/C			W	
Cookie Double Chocolate I <td>Cookie Vegan Chocolate</td> <td>M/C</td> <td>M/C</td> <td></td> <td>\checkmark</td> <td></td> <td></td> <td>W</td> <td></td>	Cookie Vegan Chocolate	M/C	M/C		\checkmark			W	
	Cookie Double Chocolate		1		\			W	
Image: Sector of the sector of th									

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Allergen Information: Hot Drinks | Blue Anchor | Updated 25/09/24

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		Cruce	Daliny		rish	Sullohites	elor V	Molluscs	Desame	Sinnee	M.	Luni	Cereals	Suntaining Type	ciluter	Dible of Mill	Suitabu	Suitabu	egetarians Gluten Fre	-cile
				•/•)/ 🍙								/ 🌘		_/	()				/
Americano																	\checkmark	\checkmark	\checkmark	
White Americano			\checkmark															\checkmark	\checkmark	
Cappuccino			\checkmark															\checkmark	\checkmark	
Latte			\checkmark															\checkmark	\checkmark	
Mocha			\checkmark															\checkmark	\checkmark	
Espresso																	\checkmark	\checkmark	\checkmark	
Flat White			\checkmark															\checkmark	\checkmark	
Hot Chocolate			\checkmark															\checkmark	\checkmark	
Luxury Hot Chocolate			\checkmark															\	\checkmark	
Tea With Milk			\checkmark															\	\checkmark	
Flavour Tea																	 Image: A start of the start of	 Image: A start of the start of	\checkmark	
Babyccino			\checkmark															\	\checkmark	
Oat Milk													\checkmark	0			\	\		
Soy Milk						\checkmark											\	\	\checkmark	
Almond Milk										\checkmark					Alm	onds	 Image: A start of the start of	\	\checkmark	
Coconut Milk																	 Image: A start of the start of	\	\checkmark	
Syrup Amaretto																	 Image: A start of the start of	 Image: A start of the start of	\checkmark	
Syrup Caramel																	 Image: A start of the start of	\	 Image: A start of the start of	
Syrup Hazelnut										\checkmark					Haz	elnut	 Image: A start of the start of	 Image: A start of the start of	\checkmark	
Syrup Salted Caramel																	\	\	\checkmark	
Syrup Vanilla																	 Image: A start of the start of	\	\checkmark	

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