



















Please be aware that we do use all 14 allergens in our kitchens.  
Although we take every precaution to avoid cross contamination, traces may be present.

## Allergen Information: Breakfast | Updated 02/04/2026

	 Celery	 Crustaceans	 Dairy	 Eggs	 Fish	 Sulphites	 Soya	 Molluscs	 Sesame	 Peanuts	 Nuts	 Mustard	 Lupin	 Cereals Containing Gluten	 Type of Gluten	 Type of Nut	 Suitable for Vegans	 Suitable for Vegetarians	 Gluten Free Ingredients
Brioche French Toast			✓	✓									✓	W				BERRIES	
Yoghurt Granola & Berries	M/C		✓					M/C		✓			✓	O		All		✓	
Bubble N Squeak	M/C			✓														✓	✓
Eggs Benedict	M/C		✓	✓	POACHED	M/C		M/C		M/C			✓	W R					
Eggs & Avocado	M/C		✓	✓	POACHED	M/C		M/C		M/C			✓	W R				✓	
Hoburne Classic Breakfast	M/C		✓	✓	✓	M/C		M/C		M/C			✓	W R					
The Big Breakfast	M/C		✓	✓	✓	M/C		M/C		M/C			✓	W R					
Vegetarian Breakfast	M/C		✓	✓	POACHED	M/C		M/C		M/C			✓	W R				✓	
Vegan Breakfast	M/C		M/C	M/C		✓		M/C		M/C	M/C		✓	W R			✓	✓	
Sammy Breakfast			✓	✓	✓	M/C		M/C		M/C			✓	W R					
Smuggles Coco Pops & Milk			✓										✓	BA				✓	
Tommy's Egg & Soldiers			✓	✓	POACHED	M/C		M/C		M/C			✓	W R				✓	
Coral's Fruit Yoghurt	M/C		✓					M/C		✓			✓	O		All		✓	
Eggs On Toast			✓	✓	POACHED	M/C		M/C		M/C			✓	W R				✓	
Bacon Roll			✓	M/C				M/C					✓	W BA					
Sausage Roll			✓	M/C	✓	M/C							✓	W BA					
Toast & Butter			✓	M/C				M/C		M/C			✓	W R				✓	
Toast, Butter & Tiptree Jam			✓	M/C				M/C		M/C			✓	W R				✓	
Toast, Butter & Tiptree Marmalade			✓	M/C				M/C		M/C			✓	W R				✓	
Toast, Butter & Nutella			✓	M/C				M/C		✓			✓	W R	Hazelnut			✓	

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## Allergen Information: Sammy Squad | Updated 02/04/2026

	Celery	Crustaceans	Dairy	Eggs	Fish	Sulphites	Soya	Molluscs	Sesame	Peanuts	Nuts	Mustard	Lupin	Cereals Containing Gluten	Type of Gluten	Type of Nut	Suitable for Vegans	Suitable for Vegetarians	Gluten Free Ingredients
<b>Smaller Tummies</b>																			
3 Oz Burger	M/C				✓			M/C					✓	W					
Breaded Chicken Goujons	M/C		M/C	M/C	M/C		M/C						✓	W					
Breaded Fish Fingers			M/C	✓	✓						M/C		✓	W					
Grilled Butcher's Sausages					✓														✓
Vegan Quorn Sausages													✓	W		✓	✓		
Pasta Bowl	M/C		✓										✓	W			✓	✓	
Macaroni Cheese	M/C		✓	M/C			M/C	M/C			✓		✓	W BA			✓		
Build Your Own Wrap - Chicken	M/C		M/C	M/C	M/C		M/C						✓	W					
Build Your Own Wrap - Cauliflower	M/C												✓	W			✓	✓	
Add Baked Beans																	✓	✓	✓
Add Garden Peas																	✓	✓	✓
Add Corn on the Cob																	✓	✓	✓
Add Mini Salad											✓						✓	✓	✓
<b>Kids Desserts</b>																			
Kids Chocolate Brownie			✓	✓					M/C				M/C	✓	W			✓	✓
Kids Bubble Waffle			✓	✓									✓	W BA				✓	




















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Spelt Wheat Oats Barley Rye

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## Allergen Information: Rolls & Wraps | Updated 02/04/2026

	 Celery	 Crustaceans	 Dairy	 Eggs	 Fish	 Sulphites	 Soya	 Molluscs	 Sesame	 Peanuts	 Nuts	 Mustard	 Lupin	 Cereals Containing Gluten	 Type of Gluten	 Type of Nut	 Suitable for Vegans	 Suitable for Vegetarians	 Gluten Free Ingredients
<b>Sandwiches</b>																			
Flaked Tuna Mayo Melt	M/C	✓	M/C	✓		M/C					✓		✓	W BA					
Bourbon BBQ Chick Melt	M/C	✓	M/C			✓					✓		✓	W BA					
Fish Finger Sandwich	M/C	✓	✓	✓		M/C					✓		✓	W BA					
Tofu Finger Sandwich	M/C		M/C	M/C		✓					✓		✓	W BA		✓	✓		
Tortilla Wrap - Chicken Goujon	M/C		M/C	M/C	M/C	M/C		✓			✓		✓	W					
Tortilla Wrap - Cauli Bites	M/C							✓			✓		✓	W BA		✓	✓		
Soft Deli Roll / Pain Rustic Roll			M/C	M/C		M/C							✓	W BA		✓	✓		
Tortilla Wrap													✓	W		✓	✓		
Gluten Free / Vegan Roll																✓	✓		✓
Sourdough Bread			M/C	M/C		M/C	M/C			M/C			✓	W R		✓	✓		✓
Gluten Free Sliced Bread				✓													✓		✓
<b>Soup Options</b>																			
Parsnip Apple & Thyme	✓																✓	✓	✓
Thai Sweet Pot & Coconut	✓					✓			M/C	M/C							✓	✓	✓
Roasted Pepper & Tomato Soup	✓				✓												✓	✓	✓
Carrot & Coriander	✓																✓	✓	✓
Sweet Potato & Butternut	✓																✓	✓	✓
Creamy Mushroom & Thyme	✓		✓														✓	✓	✓
French Onion	✓				✓												✓	✓	✓
Leek & Potato	✓																✓	✓	✓
Rustic White Bean Soup	✓		✓	✓		M/C					M/C		✓	W BA			✓		

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 Spelt  Wheat  Oats  Barley  Rye

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## Allergen Information: Main Menu | Updated 02/04/2026

	Celery	Crustaceans	Dairy	Eggs	Fish	Sulphites	Soya	Molluscs	Sesame	Peanuts	Nuts	Mustard	Lupin	Cereals Containing Gluten	Type of Gluten	Type of Nut	Suitable for Vegans	Suitable for Vegetarians	Gluten Free Ingredients
<b>Starters</b>																			
Sea Salt & Rosemary Focaccia & Dips			✓	M/C	✓			✓					✓	W				✓	
Pea Mint & Watercress Soup	✓		✓	M/C									✓	W			Butter	✓	
Loaded American Fries	M/C		✓								✓								✓
Loaded Thai Fries	M/C		✓					✓	M/C	M/C								✓	✓
Smoked Haddock Fishcake	M/C		✓		✓						✓								✓
Wild Boar & Plum Pate	M/C		✓	M/C	✓			M/C	M/C	M/C	M/C		✓	All					
K Pop Korean Chicken Bites	M/C		M/C	M/C				✓	M/C	M/C	M/C		✓	W BA					
K Pop Cauliflower Bites	M/C							✓	M/C	M/C			✓	W			✓	✓	
Nachos to Share			✓		✓													✓	✓
<b>Salads</b>																			
Roasted Beetroot & Whipped Feta Salad	M/C		✓		✓			M/C	M/C	✓	✓					Almond		✓	✓
Poke Bowl	M/C				✓	✓		✓	M/C	M/C	✓		✓	W			✓	✓	
<i>Add Flaked Tuna Mayo</i>				✓															✓
<i>Add Korean Chicken Pieces</i>	M/C		M/C	M/C							M/C		✓	W BA					
<i>Add Cauli Bites</i>																	✓	✓	✓
<i>Add Crispy Tofu</i>						✓											✓	✓	✓

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<b>Mains</b>																			
8 Oz Tournedo of Beef	✓		✓		✓					M/C			✓	W S					
Korean Fried Chicken & Waffle	M/C		✓	✓		✓		✓	M/C	M/C	M/C		✓	W BA					
British Venison Hotpot	✓		✓		✓								✓	W S					
Chicken & Chorizo Linguine	M/C		✓	✓	✓		M/C				M/C		✓	All					
Smoked Haddock Fishcakes	M/C		✓		✓							✓							✓
Beer Battered Fish Fillet			✓		✓							✓							✓
Angus Bacon Cheeseburger	✓		✓	M/C	✓		M/C					✓	✓	W BA					
Beetroot & Red Pepper Burger	M/C		M/C	M/C			M/C	M/C	M/C	M/C	✓		✓	W BA		✓	✓		
Mississippi Style Hunters Chicken Burger	✓		✓	M/C			M/C				✓		✓	All					
Katsu Curry with Chicken Goujons	✓		M/C	M/C	M/C		✓	✓	M/C	M/C	M/C		✓	W					
Katsu Curry with Cauli Bites	✓						✓	✓	M/C	M/C	M/C		✓	W		✓	✓		
Katsu Curry with Crispy Tofu	✓						✓	✓	M/C	M/C	M/C		✓	W		✓	✓		
<i>Katsu Curry Sauce</i>	✓						✓		M/C	M/C	M/C		M/C			✓	✓		✓
<i>Pot of Gravy</i>	✓				✓														✓
<b>Jacket Potatoes</b>																			
Jacket Potato with Butter	M/C		✓									✓						✓	✓
Jacket Potato with Cheese & Beans	M/C		✓									✓						✓	✓
Jacket Potato with Tuna Melt	M/C		✓		✓							✓							✓
Jacket Potato with Houmous & Feta	M/C		✓					✓				✓						✓	✓

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<b>Sunday Roasts</b>																			
Topside of Beef	M/C		✓	✓	✓	M/C							✓	W					
Pork Shoulder & Crackling	M/C		✓	✓	✓	M/C							✓	W					
Roast Chicken	M/C		✓	✓	✓	M/C							✓	W					
Lentil & Mushroom Bake	✓		✓	✓	✓	M/C							✓	W			✓		
Meat Roasts can be modified to contain Gluten Free Ingredients by removing the Yorkshire pudding. The Lentil Bake can be modified to Vegan & Gluten Free by removing the Yorkshire pudding.																			
<b>Fries &amp; Sides</b>																			
Skin On Fries																	✓	✓	✓
Beer Battered Onion Rings													✓	W BA			✓	✓	
Cheesy Garlic Flatbread	M/C		✓										✓	W				✓	
Margherita Flatbread	M/C		✓										✓	W				✓	
Mini Salad Bowl - (No Couscous)											✓						✓	✓	✓
Creamy Mash	M/C		✓															✓	✓
Buttered Spring Vegetables	M/C		✓															✓	✓
<b>Burger Add Ons</b>																			
Cheddar Cheese			✓															✓	✓
Grilled Bacon																			✓
Free Range Egg				✓														✓	✓
Grilled Mushroom																	✓	✓	✓
Smashed Avocado																	✓	✓	✓

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## Allergen Information: Desserts | Updated 02/04/2026

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<b>Desserts</b>																			
Chocolate Panettone Pudding			✓	✓		✓							✓	W			✓		
Chocolate Brownie			✓	✓		✓			M/C	M/C			M/C				✓	✓	✓
Rhubarb & Ginger Delice						✓				M/C							✓	✓	✓
Bubble Waffle & Berries			✓	✓		✓							✓	W BA			✓	✓	
Sticky Toffee Pudding			✓	✓	✓	M/C							✓	W			✓	✓	
Ice Creams - Check New Forest 2025 Brochure for Allergens																			
<b>Smoothies / Milkshakes</b>																			
Berry Go Round																	✓	✓	✓
Pash N Shoot																	✓	✓	✓
Milkshake (with Vanilla I/C)			✓	M/C		M/C							M/C	All					
Ice Creams - Check New Forest 2025 Brochure for Allergenst																			














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## Allergen Information: Cakes & Bakes | Updated 02/04/2026




















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<b>Traybakes</b>																			
Vegan GF Blackberry Crumble Traybake			M/C	M/C		M/C				M/C							✓	✓	✓
GF Caramel Shortcake Traybake		✓	M/C			✓				M/C								✓	✓
GF Lemon Drizzle Traybake		✓	✓							M/C								✓	✓
Vegan Blueberry Bakewell Traybake			M/C	M/C	M/C	M/C		M/C	M/C	✓			✓	All	All		✓	✓	✓
Morello Cherry Blondie		✓	✓		M/C	✓		M/C	M/C	M/C				✓	All			✓	✓
Billionaires Shortbread		✓	M/C		M/C	✓		M/C	M/C	M/C				✓	All			✓	✓
Vegan Dark & Fruity Flapjack			M/C	M/C	M/C	M/C		M/C	M/C	M/C				✓	All		✓	✓	✓
Honeycomb Rocky Road		✓	M/C		M/C	✓		M/C	M/C	M/C				✓	All			✓	✓
<b>Muffins &amp; Cookies</b>																			
Muffin Tulip Triple Chocolate		✓	✓			✓		M/C					✓	W				✓	✓
Muffin Tulip Blueberry		✓	✓			M/C		M/C					✓	W				✓	✓
Muffin Vegan Lemon Poppyseed			M/C	M/C		M/C							✓	W			✓	✓	✓
Muffin Vegan Mixed Berry			M/C	M/C		M/C							✓	W			✓	✓	✓
Cookie Vegan Chocolate			M/C	M/C		✓							✓	W			✓	✓	✓

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<b>Cakes</b>																			
Vegan Chocolate Cake			M/C	M/C		✓			M/C	M/C			✓		W		✓	✓	
GF Carrot Cake			✓	✓						✓					All		✓	✓	✓
GF Cappuccino Cake			✓	✓		✓				M/C								✓	✓
GF Victoria Sponge Cake			✓	✓						M/C								✓	✓
GF Ginger Cake			✓	✓						M/C								✓	✓
Courgette & Lime Cake			✓	✓						✓			✓		W	All		✓	
Luxury Cranberry Teacake			M/C	✓		M/C							✓		W			✓	
Scioche Scone			✓	✓		M/C							✓		W			✓	
<i>With Jam</i>																		✓	
<i>With Clotted Cream</i>			✓															✓	
Cheese Scone, Butter & Chutney			✓	✓	✓					M/C			✓		All			✓	
<b>Doughnuts</b>																			
Lemon Puddle Doughnut			✓	✓	✓	✓							✓		W			✓	
Caramel Puddle Doughnut			✓	✓	✓	✓							✓		W			✓	
Specaloos Puddle Doughnut			✓	✓		✓							✓		W			✓	
<b>Traycakes</b>																			
Banana & Caramel Traycake			✓	✓	M/C	M/C		M/C	M/C	✓			✓		BA	Pecan		✓	
Carrot & Orange Traycake			M/C	M/C	M/C	✓		M/C	M/C	✓			✓		W	Pistachio Walnut	✓	✓	
Sticky Rum & Raisin Traycake			M/C	M/C	M/C	✓		M/C	M/C	M/C			✓		W		✓	✓	
Victoria Sponge Traycake			✓	✓	M/C	M/C		M/C	M/C	M/C			✓		W			✓	
Lemon Drizzle Traycake			✓	✓	M/C	M/C		M/C	M/C	M/C			✓		All			✓	

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## Allergen Information: Hot Drinks | Updated 02/04/2026

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Americano																	✓	✓	✓
White Americano			✓															✓	✓
Cappuccino			✓															✓	✓
Latte			✓															✓	✓
Mocha			✓															✓	✓
Espresso																	✓	✓	✓
Flat White			✓															✓	✓
Hot Chocolate			✓															✓	✓
Luxury Hot Chocolate			✓															✓	✓
Tea With Milk			✓															✓	✓
Flavour Tea																	✓	✓	✓
Babyccino			✓															✓	✓
Oat Milk													✓	○			✓	✓	✓
Soy Milk							✓										✓	✓	✓
Almond Milk										✓						Almonds	✓	✓	✓
Syrup Amaretto										✓							✓	✓	✓
Syrup Caramel																	✓	✓	✓
Syrup Hazelnut											✓					Hazelnut	✓	✓	✓
Syrup Salted Caramel																	✓	✓	✓
Syrup Vanilla																	✓	✓	✓

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