

Please be aware that we do use all 14 allergens in our kitchens.
Although we take every precaution to avoid cross contamination, traces may be present.

Allergen Information: Breakfast | Updated 25/02/2026

	Celery	Crustaceans	Dairy	Eggs	Fish	Sulphites	Soya	Molluscs	Sesame	Peanuts	Nuts	Mustard	Lupin	Cereals Containing Gluten	Type of Gluten	Type of Nut	Suitable for Vegans	Suitable for Vegetarians	Gluten Free Ingredients
Brioche French Toast			✓	✓									✓	W				BERRIES	
Yoghurt Granola & Berries	M/C		✓					M/C		✓			✓	O	All			✓	
Bubble N Squeak	M/C			✓														✓	✓
Eggs Benedict	M/C		✓	✓	POACHED	M/C		M/C		M/C			✓	W R					
Eggs & Avocado	M/C		✓	✓	POACHED	M/C		M/C		M/C			✓	W R				✓	
Hoburne Classic Breakfast	M/C		✓	✓	✓	M/C		M/C		M/C			✓	W R					
The Big Breakfast	M/C		✓	✓	✓	M/C		M/C		M/C			✓	W R					
Vegetarian Breakfast	M/C		✓	✓	POACHED	M/C		M/C		M/C			✓	W R				✓	
Vegan Breakfast	M/C		M/C	M/C		✓		M/C		M/C	M/C		✓	W R			✓	✓	
Sammy Breakfast			✓	✓	✓	M/C		M/C		M/C			✓	W R					
Smuggles Coco Pops & Milk			✓										✓	BA				✓	
Tommy's Egg & Soldiers			✓	✓	POACHED	M/C		M/C		M/C			✓	W R				✓	
Coral's Fruit Yoghurt	M/C		✓					M/C		✓			✓	O	All			✓	
Eggs On Toast			✓	✓	POACHED	M/C		M/C		M/C			✓	W R				✓	
Bacon Roll			✓	M/C				M/C					✓	W BA					
Sausage Roll			✓	M/C	✓	M/C							✓	W BA					
Toast & Butter			✓	M/C		M/C		M/C		M/C			✓	W R				✓	
Toast, Butter & Tiptree Jam			✓	M/C		M/C		M/C		M/C			✓	W R				✓	
Toast, Butter & Tiptree Marmalade			✓	M/C		M/C		M/C		M/C			✓	W R				✓	
Toast, Butter & Nutella			✓	M/C		M/C		M/C		✓			✓	W R	Hazelnut			✓	

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Spelt Wheat Oats Barley Rye

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Allergen Information: Sammy Squad | Updated 25/02/2026

	 Celery	 Crustaceans	 Dairy	 Eggs	 Fish	 Sulphites	 Soya	 Molluscs	 Sesame	 Peanuts	 Nuts	 Mustard	 Lupin	 Cereals Containing Gluten	 Type of Gluten	 Type of Nut	 Suitable for Vegans	 Suitable for Vegetarians	 Gluten Free Ingredients
Smaller Tummies																			
3 Oz Burger	M/C				✓			M/C					✓	W					
Breaded Chicken Goujons	M/C		M/C	M/C	M/C		M/C						✓	W					
Breaded Fish Fingers			M/C	✓	✓						M/C		✓	W					
Grilled Butcher's Sausages					✓														✓
Vegan Quorn Sausages													✓	W			✓	✓	
Pasta Bowl	M/C		✓										✓	W			✓	✓	
Macaroni Cheese	M/C		✓	M/C			M/C	M/C			✓		✓	W BA			✓	✓	
Build Your Own Wrap - Chicken	M/C		M/C	M/C	M/C		M/C						✓	W					
Build Your Own Wrap - Cauliflower	M/C												✓	W			✓	✓	
Add Baked Beans																	✓	✓	✓
Add Garden Peas																	✓	✓	✓
Add Corn on the Cob																	✓	✓	✓
Add Mini Salad											✓						✓	✓	✓
Kids Desserts																			
Kids Chocolate Brownie			✓	✓					M/C				M/C	✓	W			✓	✓
Kids Bubble Waffle			✓	✓									✓	W BA			✓	✓	

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Allergen Information: Rolls & Wraps | Updated 25/02/2026

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Sandwiches																			
Flaked Tuna Mayo Melt	M/C	✓	M/C	✓		M/C					✓		✓	W BA					
Bourbon BBQ Chick Melt	M/C	✓	M/C			✓					✓		✓	W BA					
Fish Finger Sandwich	M/C	✓	✓	✓		M/C					✓		✓	W BA					
Tofu Finger Sandwich	M/C		M/C	M/C		✓					✓		✓	W BA			✓	✓	
Tortilla Wrap - Chicken Goujon	M/C		M/C	M/C	M/C	M/C		✓			✓		✓	W			✓		
Tortilla Wrap - Cauli Bites	M/C							✓			✓		✓	W BA			✓	✓	
Soft Deli Roll / Pain Rustic Roll			M/C	M/C		M/C							✓	W BA			✓	✓	
Tortilla Wrap													✓	W			✓	✓	
Gluten Free / Vegan Roll																	✓	✓	✓
Sourdough Bread			M/C	M/C		M/C		M/C		M/C			✓	W R			✓	✓	
Gluten Free Sliced Bread				✓														✓	✓
Soup Options																			
Parsnip Apple & Thyme	✓																✓	✓	✓
Thai Sweet Pot & Coconut	✓					✓			M/C	M/C							✓	✓	✓
Roasted Pepper & Tomato Soup	✓				✓												✓	✓	✓
Carrot & Coriander	✓																✓	✓	✓
Sweet Potato & Butternut	✓																✓	✓	✓
Creamy Mushroom & Thyme	✓		✓														✓	✓	✓
French Onion	✓				✓												✓	✓	✓
Leek & Potato	✓																✓	✓	✓
Rustic White Bean Soup	✓		✓	✓		M/C					M/C		✓	W BA			✓		

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 Spelt  Wheat  Oats  Barley  Rye

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Allergen Information: Main Menu | Updated 25/02/2026

	 Celery	 Crustaceans	 Dairy	 Eggs	 Fish	 Sulphites	 Soya	 Molluscs	 Sesame	 Peanuts	 Nuts	 Mustard	 Lupin	 Cereals Containing Gluten	 Type of Gluten	 Type of Nut	 Suitable for Vegans	 Suitable for Vegetarians	 Gluten Free Ingredients
Starters																			
Sea Salt & Rosemary Focaccia & Dips			✓	M/C	✓			✓					✓	W				✓	
Pea Mint & Watercress Soup	✓		✓	M/C									✓	W			Butter	✓	
Loaded American Fries	M/C		✓									✓							✓
Loaded Thai Fries	M/C		✓					✓	M/C	M/C								✓	✓
Smoked Haddock Fishcake	M/C		✓		✓							✓							✓
Wild Boar & Plum Pate	M/C		✓	M/C	✓			M/C	M/C	M/C	M/C		✓	All					
K Pop Korean Chicken Bites	M/C		M/C	M/C				✓	M/C	M/C	M/C		✓	W BA					
K Pop Cauliflower Bites	M/C							✓	M/C	M/C			✓	W			✓	✓	
Nachos to Share			✓		✓													✓	✓
Salads																			
Roasted Beetroot & Whipped Feta Salad	M/C		✓		✓			M/C	M/C	✓	✓					Almond		✓	✓
Poke Bowl	M/C				✓	✓		✓	M/C	M/C	✓		✓	W			✓	✓	
<i>Add Flaked Tuna Mayo</i>				✓															✓
<i>Add Korean Chicken Pieces</i>	M/C		M/C	M/C								M/C	✓	W BA					
<i>Add Cauli Bites</i>																	✓	✓	✓
<i>Add Crispy Tofu</i>						✓											✓	✓	✓

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Mains																			
8 Oz Tournedo of Beef	✓		✓		✓					M/C			✓	W S					
Korean Fried Chicken & Waffle	M/C		✓	✓		✓		✓	M/C	M/C	M/C		✓	W BA					
British Venison Hotpot	✓		✓		✓								✓	W S					
Chicken & Chorizo Linguine	M/C		✓	✓		✓	M/C				M/C		✓	All					
Smoked Haddock Fishcakes	M/C		✓		✓							✓							✓
Beer Battered Fish Fillet			✓		✓							✓							✓
Angus Bacon Cheeseburger	✓		✓	M/C		✓	M/C					✓	✓	W BA					
Beetroot & Red Pepper Burger	M/C		M/C	M/C			M/C	M/C	M/C	M/C	✓	✓	✓	W BA		✓	✓		
Mississippi Style Hunters Chicken Burger	✓		✓	M/C			M/C					✓	✓	All					
Katsu Curry with Chicken Goujons	✓		M/C	M/C	M/C		M/C	✓	M/C	M/C	M/C		✓	W					
Katsu Curry with Cauli Bites	✓						✓	✓	M/C	M/C	M/C		✓	W		✓	✓		
Katsu Curry with Crispy Tofu	✓						✓	✓	M/C	M/C	M/C		✓	W		✓	✓		
<i>Katsu Curry Sauce</i>	✓						✓		M/C	M/C	M/C		M/C			✓	✓		✓
<i>Pot of Gravy</i>	✓				✓														✓
Jacket Potatoes																			
Jacket Potato with Butter	M/C		✓									✓						✓	✓
Jacket Potato with Cheese & Beans	M/C		✓									✓						✓	✓
Jacket Potato with Tuna Melt	M/C		✓		✓							✓							✓
Jacket Potato with Houmous & Feta	M/C		✓					✓				✓					✓		✓

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Sunday Roasts																			
Topside of Beef	M/C		✓	✓		✓	M/C							✓	W				
Pork Shoulder & Crackling	M/C		✓	✓		✓	M/C							✓	W				
Roast Chicken	M/C		✓	✓		✓	M/C							✓	W				
Lentil & Mushroom Bake	✓		✓	✓		✓	M/C							✓	W			✓	
Meat Roasts can be modified to contain Gluten Free Ingredients by removing the Yorkshire pudding. The Lentil Bake can be modified to Vegan & Gluten Free by removing the Yorkshire pudding.																			
Fries & Sides																			
Skin On Fries																	✓	✓	✓
Beer Battered Onion Rings														✓	W BA		✓	✓	
Cheesy Garlic Flatbread	M/C		✓											✓	W			✓	
Margherita Flatbread	M/C		✓											✓	W			✓	
Mini Salad Bowl - (No Couscous)											✓						✓	✓	✓
Creamy Mash	M/C		✓															✓	✓
Buttered Spring Vegetables	M/C		✓															✓	✓
Burger Add Ons																			
Cheddar Cheese			✓															✓	✓
Grilled Bacon																			✓
Free Range Egg				✓														✓	✓
Grilled Mushroom																	✓	✓	✓
Smashed Avocado																	✓	✓	✓

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Allergen Information: Desserts | Updated 25/02/2026

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Desserts																			
Chocolate Panettone Pudding			✓	✓		✓							✓	W				✓	
Chocolate Brownie			✓	✓		✓			M/C	M/C			M/C					✓	✓
Rhubarb & Ginger Delice						✓				M/C							✓	✓	✓
Bubble Waffle & Berries			✓	✓		✓							✓	W BA				✓	
Sticky Toffee Pudding			✓	✓	✓	M/C							✓	W				✓	
Ice Creams - Check New Forest 2025 Brochure for Allergens																			
Smoothies / Milkshakes																			
Berry Go Round																	✓	✓	✓
Pash N Shoot																	✓	✓	✓
Milkshake (with Vanilla I/C)			✓	M/C		M/C							M/C	All					
Ice Creams - Check New Forest 2025 Brochure for Allergenst																			

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Allergen Information: Cakes & Bakes | Updated 25/02/2026

	 Celery	 Crustaceans	 Dairy	 Eggs	 Fish	 Sulphites	 Soya	 Molluscs	 Sesame	 Peanuts	 Nuts	 Mustard	 Lupin	 Cereals Containing Gluten	 Type of Gluten	 Type of Nut	 Suitable for Vegans	 Suitable for Vegetarians	 Gluten Free Ingredients
Traybakes																			
Vegan GF Blackberry Crumble Traybake			M/C	M/C							M/C						✓	✓	✓
GF Caramel Shortcake Traybake			✓	M/C							M/C							✓	✓
Cherry Almond Traybake			✓	✓							✓		✓	W	All			✓	✓
Honeycomb Tiffin Traybake			✓	M/C							M/C		✓	All				✓	✓
GF Lemon Drizzle Traybake			✓	✓							M/C							✓	✓
Vegan Blueberry Bakewell Traybake			M/C	M/C		M/C		M/C	M/C		✓		✓	All	All		✓	✓	✓
Muffins & Cookies																			
Muffin Tulip Triple Chocolate			✓	✓									✓	W				✓	
Muffin Tulip Blueberry			✓	✓									✓	W				✓	✓
Muffin Vegan Lemon Poppyseed			M/C	M/C									✓	W			✓	✓	
Muffin Vegan Mixed Berry			M/C	M/C									✓	W			✓	✓	
Cookie Vegan Chocolate			M/C	M/C									✓	W			✓	✓	

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Cakes																			
Vegan Chocolate Cake			M/C	M/C		✓			M/C	M/C			✓		W		✓	✓	
GF Carrot Cake			✓	✓						✓						All		✓	✓
GF Cappuccino Cake			✓	✓		✓				M/C								✓	✓
GF Victoria Sponge Cake			✓	✓						M/C								✓	✓
GF Ginger Cake			✓	✓						M/C								✓	✓
Courgette & Lime Cake			✓	✓						✓			✓		W	All		✓	
Luxury Cranberry Teacake			M/C	✓			M/C						✓		W			✓	
Scioche Scone			✓	✓			M/C						✓		W			✓	
<i>With Jam</i>																		✓	
<i>With Clotted Cream</i>			✓															✓	
Cheese Scone, Butter & Chutney			✓	✓	✓					M/C			✓		All			✓	
Doughnuts																			
Lemon Puddle Doughnut			✓	✓	✓	✓							✓		W			✓	
Caramel Puddle Doughnut			✓	✓	✓	✓							✓		W			✓	
Specaloos Puddle Doughnut			✓	✓		✓							✓		W			✓	
Traycakes																			
Banana & Caramel Traycake			✓	✓		M/C	M/C	M/C	M/C	✓			✓		BA	Pecan		✓	
Carrot & Orange Traycake			M/C	M/C		M/C	✓	M/C	M/C	✓			✓		W	Pistachio Walnut	✓	✓	
Sticky Rum & Raisin Traycake			M/C	M/C		M/C	✓	M/C	M/C	M/C			✓		W		✓	✓	
Victoria Sponge Traycake			✓	✓		M/C	M/C	M/C	M/C	M/C			✓		W			✓	

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Allergen Information: Hot Drinks | Updated 25/02/2026

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Americano																	✓	✓	✓
White Americano			✓															✓	✓
Cappuccino			✓															✓	✓
Latte			✓															✓	✓
Mocha			✓															✓	✓
Espresso																	✓	✓	✓
Flat White			✓															✓	✓
Hot Chocolate			✓															✓	✓
Luxury Hot Chocolate			✓															✓	✓
Tea With Milk			✓															✓	✓
Flavour Tea																	✓	✓	✓
Babyccino			✓															✓	✓
Oat Milk													✓	⓪			✓	✓	✓
Soy Milk							✓										✓	✓	✓
Almond Milk										✓						Almonds	✓	✓	✓
Syrup Amaretto										✓							✓	✓	✓
Syrup Caramel																	✓	✓	✓
Syrup Hazelnut											✓					Hazelnut	✓	✓	✓
Syrup Salted Caramel																	✓	✓	✓
Syrup Vanilla																	✓	✓	✓

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S Spelt
 W Wheat
 O Oats
 BA Barley
 R Rye